

# INFORMATION TO PARTICIPANTS INVOLVED IN RESEARCH

## **You are invited to participate**

---

You are invited to participate in a research project titled “Do elite level athletes make elite level coaches?”

This project is being conducted by Dr James Zois, Professor Remco Polman, Dr Fiona Ling and Anne Klaus from the Institute of Sport, Exercise and Active Living (ISEAL) at Victoria University.

## **Project explanation**

---

Sport coaches have the unique responsibility of nurturing and developing potential elite athletes. But do we know what psychological characteristics that might influence coaching ability in elite level coaches? Similarly, could these psychological characteristics also distinguish between elite and sub-elite athletes, perhaps through affecting the way they learn and execute sporting skills? This project will focus on a psychological factor that may affect the way motor skills are learned.

## **What will I be asked to do?**

---

You will be asked to complete a short questionnaire and provide brief information about your experiences in tennis participation. The entire survey should take no more than 15 minutes to complete.

## **What will I gain from participating?**

---

Your participation will provide important information on how a psychological factor might affect the learning of sporting skills. Results of this study could advance our understanding of certain psychological profiles crucial to both coaching and athletic performance and can thus benefit coaches and athletes in different sports in achieving sporting success.

## **How will the information I give be used?**

---

All data and your personal information will be coded, so no participant can be individually identified and stored in a password-secure file in the researchers' computers. The results of this project may be published in scientific journals and/or presented in conferences, but none of the participants taking part in the project will be identifiable in any way.

## **What are the potential risks of participating in this project?**

---

There is a potential risk that you may feel anxious or nervous when completing this questionnaire. If you have read the questionnaire and feel uncommon levels of anxiety or nervousness, you have the right to withdraw your participation from this study if you like. You are not obligated to complete this questionnaire once you read it.

## **How will this project be conducted?**

---

Tennis clubs, associations and other sporting organisations will be invited to take part in the project. On mutual agreement, a web link to the survey will be sent to their members via email and you will be asked to complete the survey at your own time before a specified date. Participation is completely voluntary and you can withdraw from the survey completion at any time without any disadvantage to yourself.

## **Who is conducting the study?**

---

This study is conducted by the Institute of Sport, Exercise and Active Living (ISEAL), Victoria University. The investigators are:

Dr James Zois, ph: 9919 4643 or email: [james.zois@vu.edu.au](mailto:james.zois@vu.edu.au)

Professor Remco Polman, ph: 9919 9574 or email: [remco.polman@vu.edu.au](mailto:remco.polman@vu.edu.au)

Dr Fiona Ling, ph: 9919 5038 or email: [fiona.ling@vu.edu.au](mailto:fiona.ling@vu.edu.au)

Anne Klaus, ph: 0474 129773 or email: [klausann@hu-berlin.de](mailto:klausann@hu-berlin.de)

Any queries about your participation in this project may be directed to the Chief Investigators listed above. If you have any queries or complaints about the way you have been treated, you may contact the Research Ethics and Biosafety Manager, Victoria University Human Research Ethics Committee, Victoria University, PO Box 14428, Melbourne, VIC, 8001 or phone (03) 9919 4148.